

# Jeffrey H. Berg, MD

Town Center Orthopaedic Associates, P.C.  
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Reston, VA 20190  
(703) 435-6604

## **PROFESSIONAL Sports Medicine, Arthroscopy & General Orthopaedic Surgery**

Town Center Orthopaedic Associates, P.C.  
Reston, Virginia 1998 - Present

- Attending: Reston Hospital Center, Fair Oaks Hospital
- Diplomate, American Board of Orthopaedic Surgeons; 2000-present
- Fellow, American Academy of Orthopaedic Surgeons, 2002-present
- Active Member, American Orthopaedic Society for Sports Medicine, 2002-present
- Active Member, Arthroscopy Association of North America, 2002-present
- Active Member, Eastern Orthopaedic Association, 2004-present
- Fellow, American College of Surgeons, 2002-present
- Certificate of Additional Qualification, Sports Medicine, 2007
- "Top Doctor", Sports Medicine, Northern Virginia, 2011-2013
- "SuperDoc", Sports Medicine, Washington-Baltimore-Northern Virginia, 2011-2013
- Team Physician: Washington Redskins Professional Football Team, 2002-2008
- Team Physician: W.T. Woodson High School Football Team, 1998-present
- Team Physician: Briar Woods High School Football Team, 2005-present
- Team Physician Washington Glory, Professional Fast Pitch Softball Team, 2007-2008
- Principal Reviewer, Sports Health: A Multi-Disciplinary Approach, 2009-2011
- Member, Public Relations Committee, American Orthopaedic Society for Sports Medicine, 2005-2009
- Orthopaedic Preceptor, VCU-Fairfax Family Medicine, Sports Medicine Fellowship, 2006- Present
- Contributing Orthopaedic Editor: Sports Medicine Alert, 1998-2002
- Delegate: Medical Society of Virginia, 1999
- Representative, Council of Delegates, Delegate for Virginia, American Orthopaedic Society for Sports Medicine, 2014-2017

## **TRAINING**

### *Fellowship*

#### **Orthopaedic Sports Medicine**

The Nicholas Institute of Sports Medicine and Athletic Trauma  
Lenox Hill Hospital, New York, NY, 1997-1998

- Asst. Team Physician: New York Jets Professional Football Team
- Asst. Team Physician: New York Rangers Professional Hockey Team
- Asst. Team Physician: New Jersey Red Dogs Arena Football Team
- Asst. Team Physician: Hofstra University Division I Varsity Athletics
- Team Physician: Hunter College Division III Varsity Athletics
- Team Physician: Locust Valley High School Varsity Football Team
- Team Physician: NCAA Lacrosse Championship Tournament (Quarterfinals), 1998
- Team Physician: Youth Games, New York, NY, 1997

### *Residency*

#### **Orthopaedic Surgery**

Long Island Jewish Medical Center  
New Hyde Park, NY 1993-1997

- Team Physician: Maccabi Games, Long Island, NY, 1994

## ***Internship***

### **General Surgery**

Long Island Jewish Medical Center  
New Hyde Park, NY, 1992-1993

## **EDUCATION**

### ***Graduate***

#### **Doctorate of Medicine**

Boston University School of Medicine Boston, MA, 1988-1992  
•MMEDIC Graduate

### ***Undergraduate***

#### **Bachelor of Arts, Biology**

Boston University Boston, MA, 1984-1988  
•Cum Laude Graduate, GPA 3.47

## **RESEARCH**

### ***Publications***

MARS Group, Magnussen RA, Borchers JR. Risk Factors and Predictors of Significant Chondral Surface Change From Primary to Revision Anterior Cruciate Ligament Reconstruction: A MOON and MARS Cohort Study. *Am J Sports Med* 46(3):557-564, 2017.

MARS Group. Surgical Predictors of Clinical Outcomes After Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med* 45(11): 2586-2594, 2017.

MARS Group. Subsequent Surgery After Anterior Cruciate Ligament Reconstruction. *Am J Sports Med* 45(9):2068-2076, 2017.

MARS Group. The Development and Early to Mid-Term Findings of the Multicenter Revision ACL Study. *J Knee Surg* 29(7):528-532, 2016.

MARS Group. Factors Influencing Graft Choice in Revision Anterior Cruciate Ligament Reconstruction in the MARS Group. *J Knee Surg* 29(6):458-463, 2016.

MARS Group. Meniscal and Articular Cartilage Predictors of Clinical Outcome Following Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med* 44(7):1671-1679, 2016.

Magnussen RA, Trojani C, Granan L, Neyret P, Colombet P, Engebretsen L, Wright RW, Kaeding CC, MARS Group, SFA Revision ACL Group. Patient Demographics and Surgical Characteristics in ACL Revision: a Comparison of French, Norwegian, and North American Cohorts. *Knee Surg Sports Traumatol Arthrosc* 23(8):2339-2348, 2015.

Brophy, Haas, HustonNwosu, The MARS Group and Wright. Association of Meniscal Status, Lower Extremity Alignment, and Body Mass Index With Chondrosis at Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med* 2015 July;43(7):1616-1622.

Matava MJ, Arciero RA, Baumgarten KM, Carey JL, DeBerardino TH, Hame SL, Hannafin JA, Miller BS, Nissen CW, Taft TN, Wolf BR, Wright RW and the MARS Group. Multirater Agreement of the Causes of Anterior Cruciate Ligament Reconstruction Failure. *Am J Sports Med* 43(2):310-319, 2015.

The MARS Group, Wright RW. Effect of Graft Choice on the Outcome of Revision Anterior Cruciate Ligament reconstruction in the Multicenter ACL Revision Study (MARS) Cohort.

Am J Sports Med 2014 Oct;42(10):2301-2310.

The MARS Group. Osteoarthritis Classification Scales: Interobserver Reliability and Arthroscopic Correlation, JBJS (Am). 2014 96(14).

MARS Group. Radiographic Findings in Revision Anterior Cruciate Ligament Reconstructions from the MARS Cohort. *J Knee Surg* 26(4):239-247, 2013.

Chen JL, Allen CR, Stephens TE, Haas AK, Huston LJ, Wright RW, Feeley BT and the Multicenter ACL Revision Study (MARS) Group. Differences in Mechanisms of Failure, Intraoperative Findings, and Surgical Characteristics Between Single- and Multiple-Revision ACL Reconstructions. *Am J Sports Med* 41(7):1571-1578, 2013.

MARS Group. Radiographic Findings in Revision Anterior Cruciate Ligament Reconstructions from the MARS Cohort. *J Knee Surg*. 2013 Feb 12. [Epub ahead of print] PMID:23404491

Morgan JA, Dahm D, Levy B, Stuart MJ; MARS Study Group. Femoral tunnel malposition in ACL revision reconstruction. *J Knee Surg*. 2012 Nov;25(5):361-8. doi: 10.1055 s-0031-1299662. Epub 2012 May 3. PMID:23150344[PubMed - in process]

Brophy RH, Wright RW, David TS, McCormack RG, Sekiya JK, Svoboda SJ, Huston LJ, Haas AK, Steger-May K, MARS Group. Association Between Previous Meniscal Surgery and the Incidence of Chondral Lesions at Revision Anterior Cruciate Ligament Reconstruction. *Am J Sports Med* 2012 Feb 28.

Borchers JR, Pedroza AD, Kaeding CC, Huston LJ, Haas AK, Spindler KP, Wright RW, et. al. Intra-articular Findings in Primary and Revision Anterior Cruciate Ligament Reconstruction Surgery: A Comparison of the MOON and MARS Study Groups. *Am J Sports Med* 2011;39(9):1889-93.

MARS Group, Wright RW, Huston LJ, Spindler KP, Dunn WR, Haas AK, Allen CR, Cooper DE, DeBerardino TM, Lantz BB, Mann BJ, Stuart MJ. Descriptive epidemiology of the Multicenter ACL Revision Study (MARS) cohort. *Am J Sports Med*. 2010 Oct;38(10):1979-86. doi: 10.1177/0363546510378645. PMID:20889962

Pateder DB, Berg JH, Thal R. Neck and Shoulder Pain: Differentiating Cervical Spine Pathology From Shoulder Pathology, *J Surg Orthop Adv*. 2009;18(4): 170-4.

Tyler TF, Hershman EB, Nicholas SJ, Berg, JH. Evidence of Abnormal Anteroposterior Patellar Tilt in Patients with Patellar Tendinitis with Use of a New Radiographic Measurement. *AM J Sport Med*. 2002; 30(3).

Berg JH, Thal R, Tamai J. A Comparison of Capsular Shift in Medially Based Repairs for Glenohumeral Instability [Abstract]; *Arthroscopy* 2000;16(4).

Berg JH, Thal R, Tamai J. Medial Capsular Resection: A Technique for Shoulder Instability [Abstract]; *Arthroscopy* 2000; 16(4).

Hughes P, Berg JH. A Single Alternative to Surgery for Chronic Achilles Tendinosis. *Sports Medicine Alert* 1999; 5 (5):38-41

Siegel JA, Berg JH, The Ottawa Ankle Rules and the Buffalo Modification in the Non-Emergency Setting. *Sports Medicine Alert* 1998;4(10): 85-86.

Berg JH, Silveri C, Harris, M. A Variant of the Lisfranc Fracture-Dislocation: A Case Report and Review of the Literature. *Journal of Orthopaedic Trauma* 1998;12(5): 366-9.

Berg JH, Hershman EB. Improving the Treatment of Ankle Sprains: Utilization of Piroxicam. *Sports Medicine in Primary Care* 1998; 4(1): 2-4.

### **Chapters**

Watnik NF, Berg JH. Arthroscopic Percutaneous Fixation of Tibial Plateau Fractures. In Tornetta III, P (ed.): *Techniques in Fracture Surgery*. St. Louis, 2001, Mosby.

Hershman EB, Berg JH. Brachial Plexus Injuries in the Athlete. In Garret WE (ed.): *Textbook of Sports Medicine*. Baltimore, 2000, Williams and Wilkins.

### **Web-Based Media**

Wright RW, Miller MD. Revision Anterior Cruciate Ligament Reconstruction Graft Choice Impact on Outcome in the MARS Cohort. In *Depth Podcast. Am J Sports Med* September 11, 2014

### **Presentations**

Cooper DE, Dunn WR, Wright RW, Haas A, Huston LJ, MARS Group. Knee Hyperextension as a Predictor of Failure in Revision ACL Reconstruction: A Prospective Cohort Study. (Paper Presentation). American Orthopaedic Society for Sports Medicine 2016 Annual Meeting, Colorado Springs, CO, July, 2016.

MARS Group. Rehabilitation Predictors of Clinical Outcome following Revision ACL Reconstruction. (Paper Presentation). American Orthopaedic Society for Sports Medicine 2016 Annual Meeting , Colorado Springs, CO, July, 2016.

MARS Group, Wright RW. Surgical Predictors of Clinical Outcome following Revision Anterior Cruciate Ligament Reconstruction (Paper Presentation). American Academy of Orthopaedic Surgeons 2016 Annual Meeting, Orlando, FL. March, 2016.

Brophy, Haas, Huston, Nwosu, MARS Group, Wright. Association of Meniscal Status and Lower Extremity Alignment with Chondrosis at the Time of Revision ACL Reconstruction. AOSSM, 41st Annual Meeting, Orlando, FL, July 2015.

Brophy RH, Haas AK, Huston LJ, Nwosu SK, MARS Group, Wright RW. The Association of Meniscal Status, Lower Extremity Alignment and Body Mass Index with Chondrosis at the Time of Revision Anterior Cruciate Ligament Reconstruction. Herodius Society Forty-First Annual Meeting, Lyon, France. June, 2015.

MARS Group, Wright RW. Meniscal and Articular Cartilage Predictors of Clinical Outcome following Revision ACL Reconstruction (Paper Presentation). American Academy of Orthopaedic Surgeons 2015 Annual Meeting, Las Vegas, NV March, 2015.

Wright RW. MARS. NFL Physicians Society Annual Scientific Session, Indianapolis, IN, February, 2015.

Wright RW. What Have We learned from MOON and MARS. Dickson Lecturer, Cleveland Orthopaedic Society, Department of Orthopaedic Surgery, Cleveland Clinic, Cleveland, OH, December, 2014.

MARS Group. O'Donoghue Award – Revision Anterior Cruciate Ligament Reconstruction Graft Choice Impact on Outcome in the MARS Cohort. American Orthopaedic Society for Sports Medicine, Seattle, WA July, 2014.

Wright RW. Graft Choice Propensity from the Multi-Center ACL Revision Study (MARS) Group. ACL Study Group, Cape Town, South Africa January, 2014.

Wright RW, Haas A, Huston L, Dunn WR, MARS Group. Reoperation Rates for Revision ACL Reconstruction Patients at 2 Year Follow Up (Paper Presentation #233). International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine 9<sup>th</sup> Biennial Congress 2013, Toronto, Canada, May, 2013.

Wright RW. Graft Choice Propensity Scores from the MARS Cohort. 2012 Herodicus Society Annual Meeting, White Sulphur Springs, West Virginia, July, 2012.

Wright, RW. Radiographic Findings in Revision ACL Reconstruction from the MARS Cohort. National Football League Team Physicians Society Meeting, Indianapolis, Indiana, February, 2012.

Wright RW. MARS Data Update. American Academy of Orthopaedic Surgeons 2012 Annual Meeting, American Orthopaedic Society for Sports Medicine Specialty Day, San Francisco, California, California. February, 2012.

Brophy RH, David TS, McCormack RG, Sekiya JK, Svoboda SJ, Huston LJ, Haas AH, Wright RW. (Previous Partial Meniscectomy Increases Incidence of Chondrosis at Revision ACL Reconstruction in MARS Cohort. Paper Presentation). American Academy of Orthopaedic Surgeons 2012 Annual Meeting, San Francisco, February, 2012.

Berg JH. Shoulder Instability, Virginia Athletic Trainers' Annual Conference, Richmond, VA, January 14, 2012.

Matava MJ, Wright RW, Arciero RA, Baumgartner KM, Carey JL, DeBerardino TM, Hame SL, Hannafin JA, Miller BS, Nissen CW, Taft TN, Wolf BR, Mitchell R, MARS Group. Inter-rater Reliability in the Etiology of ACL Graft Failure: A Radiographic & Video Analysis of the MARS Cohort. Herodicus Society 2011 Annual Meeting, Sun Valley, Idaho, June, 2011.

\*Wright, RW, MARS Group. Revision ACL Reconstruction: Reinjury Mechanism, Failure Mode and Graft Choice from the Multi-Center ACL Revision Study (MARS) Group. International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine, Osaka, Japan, April, 2009.

\*Wright RW, Brophy RH, Hass AK, Huston LJ, Mann BJ, Spindler KP and the MARS Group. Revision ACL Reconstruction: Meniscal Injury Occurrence and Treatment from the Multi-Center ACL Revision Study (MARS) Group. American Orthopaedic Society for Sports Medicine Specialty Day, Las Vegas, Nevada, February 2009.

The MARS Group. Revision ACL Reconstruction: Chondral Injury Occurrence and Treatment from the MARS Group, MARS Group. AAOS, Las Vegas, NV, February 25, 2009

The MARS Group. Revision ACL Reconstruction: Meniscal Injury Occurrence and Treatment from the MARS Group, MARS Group. AAOS, Las Vegas, NV, February 25, 2009

The MARS Group. Demographics of the Initial Multi-Center ACL Revision Study (MARS) Cohort: A Descriptive Study, MARS Group. AAOS, Las Vegas, NV. February 25, 2009

The MARS Group. Revision ACL Reconstruction: Meniscal Injury Occurrence and Treatment from the Multi-Center ACL Revision Study (MARS) Group, MARS Group. AOSSM Specialty Day, Las Vegas, NV, February 28, 2009

Berg JH. Challenges in Shoulder Arthritis. Panel Discussion and Case Presentations: What To Do When, Annual Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 11, 2008

Berg JH. Shoulder Hemiarthroplasty: Who Needs the Glenoid Component?, Annual Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 11, 2008

Berg JH. Exposures in Shoulder Surgery, Annual Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 11, 2008

Berg JH. Challenges in Upper Extremity Trauma. Panel Discussion and Case Presentations: What To Do When? Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 11, 2008

Berg JH. Acute Clavicular Injuries: Surgical Fixation Techniques. Annual Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 11, 2008

Wright, RW, Huston, LJ, Mann, BJ, Spindler, KP, MARS Group, Revision ACL Reconstruction: Reinjury Mechanism, Failure Mode and Graft Choice from the Multi-Center ACL Revision Study (MARS) Group, 34<sup>th</sup> Annual Meeting, AOSSM, Orlando, FL, July 10, 2008

Wright RW, MARS Study Group, Multi-Center ACL Revision Study (MARS). American Orthopaedic Society for Sports Medicine 2008 Annual Meeting , Orlando, Florida.

Berg JH. Exposures in Shoulder Surgery. Annual Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 28, 2007

Berg JH. Arthroscopic Shoulder Surgery, Panel Discussion. Annual Advances in Arthritis, Arthroplasty and Trauma, Washington D.C., September 28, 2007

Hershman E, Tyler T, Berg JH, McHugh M. Radiographic Evidence of Abnormal Position in Patients with Patellar Tendinitis. 27<sup>th</sup> Annual Meeting, AOSSM. Keystone, CO. July 1, 2001

Berg JH, Thal, R, Tamai J. A Comparison of Capsular Shift in Medially Based Repairs for Glenohumeral Instability: A Cadaveric Study. International Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine Congress. Buenos Aires, Argentina. May 23, 2000.

Berg JH, Thal R, Tamai J. A Comparison of Capsular Shift in Medially Based Repairs for Glenohumeral Instability: A Cadaveric Study. 2000 Annual Meeting, Arthroscopy Association of North America. Miami Beach, Florida. April 15, 2000.

Berg JH, Thal R, Tamai J. Medial Capsular Resection: A Technique for Shoulder Instability. 2000 Annual Meeting, Arthroscopy Association of North America. Miami Beach, Florida. April 15, 2000.

Berg JH, Tyler TF, Touliopolous SJ, Burra G, Hershman EB, Nicholas SJ, Gleim GW. A Measurement of Sagittal Patellofemoral Alignment: The Patellofemoral Anterior-Posterior Tilt Angle. Annual Fellow's Day Symposium. West Point Military Academy. West Point, NY. May 21, 1998.

Kolstad K, Berg JH, Browne MG, Nicholas SJ, Gleim GW. Volume Measurement of the

Shoulder Following Electrothermal Capsulorrhaphy. Annual Fellow's Day Symposium. West Point Military Academy. West Point, NY. May 21, 1998.

Berg JH, Tyler TF, Touliopolous SJ, Burra G, Hershman EB, Nicholas SJ, Gleim GW. A Measurement of Sagittal Patellofemoral Alignment: The Patellofemoral Anterior-Posterior Tilt Angle. Annual Alumni Day. Lenox Hill Hospital. New York, NY. May 15, 1998.

Kolstad K, Berg JH, Browne MG, Nicholas SJ, Gleim GW. Volume Measurement of the Shoulder following Electrothermal Capsulorrhaphy. Annual Alumni Day. Lenox Hill Hospital. New York, NY. May 15, 1998.

Berg JH, Nascone J, Stevens L, Marwin SE. Heterotopic Ossification Following the Modified Direct Lateral Approach to the Hip. Annual Research Conference. Long Island Jewish Medical Center. New Hyde Park, NY. June 18, 1997.

Hyde JA, Berg JH, Siegel JA, Dines DM, Olson T. Rotator Cuff Morphology in the Elderly. Annual Research Conference. Long Island Jewish Medical Center. New Hyde Park, NY. June 18, 1997.

Berg JH, Facibene WA, Handelsman JE. Infrapatellar Realignment in the Skeletally Immature Child. New York Academy of Medicine, Pediatric Orthopaedic Meeting. New York, NY. May 8, 1997.

## ***Posters***

MARS Group. Subsequent Surgery After Revision Anterior Cruciate Ligament Reconstruction: Rates and Risk Factors from a Multicenter Cohort. (Poster Presentation). American Orthopaedic Society for Sports Medicine 2016 Annual Meeting , Colorado Springs, CO, July, 2016.

Kaeding C, MARS Group. Risk Factors at Time of Primary ACL Reconstruction that Contribute to Significant Chondral Surface Change at Time of Revision ACL Reconstruction: A Prospective Study from the MOON and MARS Cohorts. (Paper Presentation). American Orthopaedic Society for Sports Medicine 2016 Annual Meeting, Colorado Springs, CO, July, 2016.

Wright RW, Huston LJ, Haas AK, Dunn WR, MARS Group. Graft Choice Propensity from the MARS Cohort. (Poster Presentation) American Orthopaedic Association 2013 Annual Meeting, Denver, Colorado, June, 2013.

Wright RW, Ross JR, Haas AK, Huston LJ, Carey J, MARS Group. Osteoarthritis Classification Scales: Reliability and Arthroscopic Correlation. (Poster Presentation). American Orthopaedic Association 2013 Annual Meeting, Denver, Colorado. June, 2013.

Wright RW, Ross JR, Haas A, Huston L, Carey J, MARS Group. Osteoarthritis Classification Scales: Reliability and Arthroscopic Correlation (E-Poster). International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine 9<sup>th</sup> Biennial Congress 2013 – Toronto, Canada, May, 2013.

Hnatko CL, Berg JB, Miller DM. Acute Calcific Periarthritis of the Carpal Tunnel, American Medical Society of Sports Medicine. Tampa, FL, April 27, 2009.

## ***Other***

Berg JH, Silveri C, Harris M. A Variant of the Lisfranc Fracture-Dislocation: A Case Report and Review of the Literature. Third Place Winner of the Annual Academic Competition. Long Island Jewish Medical Center. June 1997.

Berg JH, Doppelt S, Lavine L. Cervical Spine Fractures. Why Are They Missed?

Causes and Consequences. 1993.

**TEACHING  
INSTRUCTOR**

Shoulder Arthroscopy. 17th Annual Fall AANA Meeting, Palm Desert, CA. November, 1998.  
Arthroscopic and Gross Anatomy of the Knee and Shoulder. Nicholas Institute of Sports  
Medicine. New York, NY. January, 1998.

**AWARDS**

The American Orthopaedic Society for Sports Medicine O'Donoghue Sports Injury Research  
Award - "Revision Anterior Cruciate Ligament Reconstruction Graft Choice Impact on Outcome  
in the MARS Cohort", AOSSM Annual Meeting, Seattle, WA. July 11, 2014  
"Top Doctor", Sports Medicine, Northern Virginia, 2011-2013  
"SuperDoc", Sports Medicine, Washington-Baltimore-Northern Virginia, 2011-2013

**MEMBERSHIPS**

American Academy of Orthopaedic Surgeons  
American Orthopaedic Society for Sports Medicine  
Arthroscopy Association of North America  
National Football League Physician's Society (2002-2008)  
Eastern Orthopaedic Association  
American Medical Association  
American College of Surgeons

**LICENSURE**

Maryland Medical License # D77876 (since September 30, 2014)  
Virginia State Medical License #0101057466 (since April 23, 1998)  
New York State Medical License #195441 (since April 26, 1994)

**OTHER**

Football Team, Boston University Terriers, 1985-1988